Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5
Content:	<b>Content:</b>	Content:	Content:	Content:
Floor Hockey	Floor Hockey	Floor Hockey	Floor Hockey	Floor Hockey
Lesson	Lesson	Lesson	Lesson	Lesson
Objectives-	Objectives-	Objectives-	Objectives-	Objectives-
Psychomotor/	Psychomotor/	Lesson	Psychomotor/	Psychomotor/
Behavioral	Behavioral	Objectives-	Behavioral	Behavioral
(SCT)- Ss will learn and perform all 16 counts (criteria) of the dance (task) taught by the teacher (situation) and students will assess their skills based on a final practice for the lesson.	(SCT)- Ss will be able to successfully 100% of the time (criteria) in the lesson (situation) completed the last 16 counts taught in the previous lesson (task) this will be assessed by teacher watching students performance.	Psychomotor/ Behavioral (SCT)- Ss will be able to successfully 100% of the time (criteria) in the lesson (situation) completed the last 16 counts taught in the previous lesson (task) this will be assessed by teacher watching students performance.	(SCT)- Ss will successfully complete (situation) a review of the 40 counts (task) the teacher previously taught minimal of 3 times (criteria), students will work together in their groups to "clean up" their choreography from the previous two lessons.	(SCT)- Ss will perform (task) their dance successfully (situation) 100% of the time (criteria).  Cognitive- Ss will watch each other perform (task)
Cognitive- Ss will successfully 100% of the time (criteria)	Cognitive- Students will be able to	Cognitive- Students will be able to watch the video (situation) and pick out one	Cognitive- Ss will watch each other perform (task) the dances (situation) and give 2 positive	Affective/ Personal (SCT)- Students will show the teacher thumbs up

## Affective/ Personal (SCT)-

Students will show the teacher thumbs up or down (task) at the end of the lesson (criteria) on how they feel their groups are working together and the effort they are putting into the lesson with 90% (criteria) of the students having thumbs up.

Fitness- Ss will participate in 50 % (criteria) or more of the lesson (task) in MVPA (situation) assessed by accelerometers National Standards-1-6

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Students will show the teacher thumbs up or down (task) at the end of the lesson (criteria) on how they feel their groups are working together and the effort they are putting into the lesson with 90% (criteria) of the students having thumbs up.

Fitness- Ss will participate in 50 % (criteria) or more of the lesson (task) in MVPA (situation) assessed by accelerometers

National Standards

**National Standards**-1-6

dance move (criteria) that they will add to their group's choreography (task).

## Affective/

Personal (SCT)-

Students will show the teacher thumbs up or down (task) at the end of the lesson (criteria) on how they feel their groups are working together and the effort they are putting into the lesson with 90% (criteria) of the students having thumbs up.

participate in 50 % (criteria) or more of the lesson (task) in MVPA (situation) assessed by accelerometers National Standards-

Fitness- Ss will

1-6

feedback statements and 1 improvement feedback statement (criteria) to each other by recalling a specific part of the dance.

Affective/
Personal (SCT)Affective/
Personal (SCT)-

Students will show the teacher thumbs up or down (task) at the end of the lesson (criteria) on how they feel their groups are working together and the effort they are putting into the lesson with 90% (criteria) of the students having thumbs up.

Fitness- Ss will participate in 50 % (criteria) or more of the lesson (task) in MVPA (situation) assessed by accelerometers

**National Standards**-

1-6

or down (task) at the end of the lesson (criteria) on how they feel their groups are working together and the effort they are putting into the lesson with 90% (criteria) of the students having thumbs up.

Fitness- Ss will participate in 50 % (criteria) or more of the lesson (task) in MVPA (situation) assessed by accelerometers.

**National Standards**-1-6

Learning Activities Introduction to floor hockey Warm-up (10 min) Students will be on	Learning Activities Warm-up (10 min) Students will make three lines and be on one side of the	Learning Activities Warm-up (10 min) Students will be on one side of the gymnasium in three	Learning Activities Warm-up (10 min) Students will make three lines and be on one side of the	Learning Activities Warm-up (10 min) Students will be on one side of the gymnasium in three
one side of the gymnasium in three lines and dribble 3/4 the way down the court then shot on net	gymnasium in three lines and pass back and fourth all the way down the court, then shot on net	lines and dribble ¾ the way down the court then shot on net	gymnasium in three lines and pass back and fourth all the way down the court, then shot on net	lines and dribble <sup>3</sup> / <sub>4</sub> the way down the court then shot on net
Main Activity: (15 min) The teacher will explain how to hold the hockey stick. The teacher will demonstrate this. The teacher will explain the parts of the stick (heal & shaft). Students will learn how to pass the ball.	Main Activity: (15 min) The teacher will explain accuracy, concerning dribbling and passion. Students will practice on maintaining possession. Students will play a "steal the ball." The teacher will demonstrate how to play defense to swipe the ball away.	Main Activity: (15 min) The teacher will explain the rule of the game. Keep away game.	Main Activity: (15 min) Students will learn about the lines of the hockey arena, and more rules.	Main Activity: (15 min) Students will take a floor hockey quiz on 5 things about floor hockey. Review the rules of the game.
Scrimmage	Scrimmage	Scrimmage	Scrimmage	Scrimmage

| (10 min)           |
|--------------------|--------------------|--------------------|--------------------|--------------------|
| Students will play |
| small sided games  | small sided keep   | small sided games  | small sided games  | small sided games  |
|                    | away games         |                    |                    |                    |