

***The 7 Habits of Highly Effective Teens* by Sean Covey**
Fort Hayes Arts and Academic High School
Summer Reading and Writing Assignment

Over the summer, all Fort Hayes students and staff are reading a book together. This text, *The 7 Habits of Highly Effective Teens* by Sean Covey will guide our work throughout the 2025-2026 school year.

At Fort Hayes, we believe in equipping our students with the tools they need to thrive both in and out of the classroom. Our goal is to help our students develop strong habits, positive mindsets, and essential life skills. Through this shared experience, we aim to foster self-awareness, personal responsibility, time management, and effective communication all of which are key to academic success and personal growth. Our hope is that this book will inspire our students to become more focused, confident, and prepared to meet the challenges of high school and beyond.

We all remember what we read better when we write about what we read. This book is one to be studied and reflected upon. Throughout the book, there are pages that offer space to think and write about the chapter that you read. These pages are labeled “Baby Steps,” and that is what we want you to take. When you get to the following pages in your book, read the baby steps and answer all of the questions/open-ended responses on the page. Write your answers directly in your copy of the book. Feel free to get creative in your responses to the questions.

You will be responding to the text on these pages:

- 28
- 45-46
- 71-72
- 86-89
- 104
- 128
- 144
- 162
- 180
- 202
- 224-225
- 242
- 247-249***

*** Please note that pages 247-249 are a study guide with questions from each chapter, so you will want to answer those as you read and not wait until the end. You will need to write these answers in a notebook that you bring to school in the fall.**

